Palpatory Anatomy of the Belly – Pelvis

Applications to the Pelvis

with Marty Ryan, LMP, CVMT

Palpatory Anatomy of the Belly - Pelvis (day 1)

Here we learn to palpate the pelvis 360 degrees - including the bony and muscular frame of the pelvis, the pelvic organs and their fascial architecture (visceral ligaments), and the pelvic floor. We will skillfully locate the kidneys and bladder, large and small intestines, prostate gland, uterus, and ovaries. We will also spend time discussing the fascial architecture of the pelvis and normal physiology of this region so that languageing why we work here is easier.

Applications to the Pelvis (days 2-3)

Here we put our excellent palpation skills to work by learning effective manual treatments for the eliminative and reproductive organs, the coccyx, and the pelvic floor. Hands-on work will address core relationships between the pelvic organs and low back pain, pelvic pain, elimination challenges, pelvic congestion and prolapse, and fertility challenges. Common clinical presentations such as dysmenorrhea, BPH and prostatitis, interstitial cystitis and bladder incontinence, and tailbone pain will be discussed and treatment protocols practiced.

Instructor bio - Marty Ryan, LMP, CVMT

Marty is a passionate belly massage practitioner and instructor. He is the founder and director of Love Your Guts Seminars - and has taught belly massage and palpatory anatomy seminars internationally since 1998.

Marty also assists with Leon Chaitow’s manual therapy seminars in the US, and Gil Hedley’s Somanautics Workshops in the US and the UK.

Love Your Guts Seminars is a bodywork education company dedicated to bringing the world of the abdomen and viscera into a whole new light. We utilize high impact learning strategies to integrate whole body systems physiology and visceral anatomy information into a thoughtful and effective approach to belly massage. All seminars are presented with joy, laughter, gratitude, studiousness, clarity and most of all FUN! We invite everyone to truly Love Your Guts!

Logistics and Registration

Date / time – March 4-6, 2016 // 9AM - 5:30PM each day

Cost / payment - $400 // 24 CE hours // check (send to address below) or PayPal (ask me to send an invoice to you via email)

Location - The Metta Center / 1602 Carolina Street, Suite D12 / Bellingham, WA 98229

Register – contact Marty to register. Details are below in the footer area.